

October 2018 Lunch Menu

Fresh Fruit Served Daily

Menu Subject To Change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken Nuggets Green Beans Fries Mixed Fruit Whole Grain Roll Milk Choice Fruit Choice	2 Beef & Noodle Soup Fresh Carrots & Fresh Cauliflower Cheese Stick Fresh Fruit Cheesy Bread Sticks Milk Choice Fruit Choice	3 Burrito w/Cheese Salad Corn Fresh Veggies Fresh Strawberries Milk Choice Fruit Choice	4 Little Smokies Macaroni & Cheese Peas & Carrots Fresh Cucumbers Fresh Fruit Whole Grain Rich Garlic Bread Sticks Milk Choice Fruit Choice	5 Sloppy Joe on Whole Grain Bun Fries Baked Beans Fresh Fruit Whole Grain Rich Cookie Milk Choice Fruit Choice	
	8 Beef Nuggets Scalloped Potatoes Peas Mandarin Oranges Whole Grain Roll Milk Choice Fruit Choice	9 Italian Beef & Rotini Salad Cauliflower & Cheese Mixed Fruit Whole Grain Bread Stick w/cheese Milk Choice Fruit Choice	10 Cowboy Stew Crackers Cucumbers Diced Peaches Cinnamon Roll Milk Choice Fruit Choice	11 Ranch Chicken Potato Wedges Green Beans Fresh Fruit Whole Grain Roll Milk Choice Fruit Choice	12 No School	
	15 National School Lunch Week Pig in a blanket Crispy Fries Green Beans Pineapple Chunks Milk Choice Fruit Choice	16 Bierocks Sweet Potato Fries Baked Beans Fresh Fruit Fruit Choice Milk Choice	17 Crisпитos w/cheese Shredded Romaine Corn Fresh Fruit Whole Grain Cinnamon Stick Fruit Choice Milk Choice	18 Chicken Noodles Mashed Potatoes Broccoli w/Cheese Mango Whole Grain Roll Fruit Choice Milk Choice	19 Burger on Whole Grain Bun Potato Wedges Baked Beans Fresh Fruit Milk Choice Fruit Choice	
	22 No School Parent Teacher Conf. 2:00pm-6:00pm	23 Chicken Nuggets Fries Gravy Green Beans Mandarin Oranges Fruit Choice Milk Choice	24 Frito Pie Shredded Lettuce Fresh Fruit Fruit Choice Milk choice	25 Pepperoni Pizza Green Salad Fresh Veggies Cheesy Bread Stick Fresh Fruit Milk Choice Fruit Choice	26 Burger on a Bun Fries Baked Beans Fresh Fruit Fruit Choice Milk Choice	
	29 Corn Dog Sweet Potato Fries Broccoli w/cheese Applesauce Whole Grain Cookie Milk Choice Fruit Choice	30 Beef & Bean Burritos w/cheese Salad Fresh Veggies Mandarin Oranges Cinnamon Puff Milk Choice Fruit Choice	31 Spooky Soup Salad Fresh Veggies Crackers Ghost Stick Fresh Fruit Milk Choice Fruit Choice			